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Research Statement

Research Motivation:

My research focuses on preference alignment (PA) algorithms in autoregressive Large Language Models (LLMs) [21] to make their outputs more aligned with diverse and dynamic human preferences [26]. Despite their effectiveness, LLMs often generate responses that do not fully reflect user intent or expectations, particularly in complex decision-making tasks. I investigate this challenge through two key research questions: **RQ 1** *How can structured reasoning traces (free-text rationales) that expose human preferences be optimized to improve model performance in text-based clustering tasks?* and **RQ 2** *How can preference alignment methods be improved to handle diverse, inconsistent human preferences without relying on restrictive ranking-based assumptions?* To answer the first question, I explore chain-of-thought prompting as a tool for soft-supervision in clustering tasks, such as event coreference resolution and intervention clustering in dialogues. However, since prompting alone does not modify model parameters, it lacks long-term preference consistency. My second research direction addresses this by developing alternative supervised preference alignment methods[1] that refine model behavior while avoiding overfitting and policy degeneracy seen in standard approaches. My recent work, Direct Reward Distillation (DRDO) [17] and Diverse Preference Learning (DPL) [20], introduces new ways to align preferences without assuming fixed rankings or requiring explicit reward models, respectively. Beyond general preference alignment, my research also investigates friction agents [19] that guide collaborative decision-making by prompting users to reevaluate assumptions without directly influencing decisions. My research asks these questions: **RQ 3** *How can we design preference-aligned "friction agents" that can guide collaborative problem-solving by surfacing belief misalignments?* and **RQ 4** *How do we ensure that these agents are robust to data-bias in sparse data settings and how do we robustly evaluate them?* Additionally, my work has been sponsored by multiple DARPA programs and demonstrated relevance to mission-critical natural language understanding and human-AI interaction systems. I am also the recipient of the prestigious Evolutionary Computing and Artificial Intelligence Fellowship 2024, awarded annually by the Department of Computer Science, Colorado State University, for meritorious achievements in the area of artificial intelligence. With this research motivation, I specify my research plan and timeline as follows:

Current Research: Timeline[2] and Plan:

Jan '24 to May '24 This research explores **RQ 1**. I investigated preference alignment in LLMs along two key dimensions. Building on my prior research in knowledge transfer between model latent spaces [13, 14] and modalities [16, 27] and related works [8, 10], I adopted a *Chain-of-thought (CoT)* prompting [29] approach and explored how LLM-generated reasoning traces (free-text rationales or FTRs) can indirectly expose human preferences. This research has attempted to answer the question: **how can structured reasoning traces be optimized to reflect human preferences that can be leveraged for soft-supervision across textual clustering tasks?** Specifically, I have examined whether such rationales serve as soft-labels or validation mechanisms for improved task performance. My recent published work [15, 18] has applied this rationale-based knowledge transfer to coreference resolution in event descriptions and intervention clustering in collaborative dialogues. However, these methods do *not* modify LLM parameters directly, limiting their ability to ensure preference consistency in model outputs.

June '24 to Dec '24 To address these limitations, my research attempts to answer **RQ 2**. Specifically, I have focused on *policy gradient* methods [30]—like Reinforcement Learning from Human Feedback (RLHF)—that explicitly update an LLM's parameters to ensure preferred outputs are more likely during stochastic sampling. Although popular, a major challenge in training RLHF-algorithms like Proximal Policy Optimization (PPO) [23] is their compute inefficiency. Additionally, even efficient alternatives like Direct Preference Optimization (DPO) [22] suffer from overfitting and policy degeneracy, exacerbated by rigid assumptions about human decision-making that assume preferences are stable and follow fixed rankings. However, real-world preferences are often nondeterministic, intransitive, and influenced by sampling biases [11, 3], making existing preference alignment methods suboptimal.

[1] A majority of my preference alignment works [17, 20, 19] follow *alignment-via-fine-tuning*, except [15], which explores *alignment-via-prompting*. The former fine-tunes LLMs for human-preferred outputs, while the latter optimizes prompts directly. In contrast, recent methods [1, 24] approximate MCMC distributions and rejection sampling [4], falling under *alignment-via-inference*.

[2] Since a lot of my research directions are being explored in parallel, there may be some overlap in timelines.

To this end, my work has proposed Direct Reward Distillation and Policy Optimization (DRDO) [17] (under review for ICML 2025), which addresses reward-preference misalignment [11] by leveraging explicit rewards within a knowledge-distillation framework. Unlike standard supervised preference alignment algorithms such as DPO, DRDO models a joint distribution over prompts and responses, providing a more expressive representation than conditional formulations. By structuring the DRDO objective as a joint learning framework for both rewards and preferences, we mitigate misalignment issues that arise in the presence of non-deterministic or noisy preference data. Building on this approach, I developed Diverse Preference Learning (DPL) [20] (accepted at NAACL 2025) that intuitively captures nuances in preference feedback *without* requiring a explicit external reward model. Developed in collaboration with industry partners during my research internship at OptumAI, DPL was rigorously tested and validated within production-level pipelines, particularly in mission-critical domains like healthcare. More specifically, DPL enforces sample-level penalties in model training and models a "baseline desirability" alongside "relative preference strengths"— which help capture the diverse human preferences more effectively. My empirical studies suggest that both DRDO and DPL demonstrate superior generalization in alignment tasks such as instruction following, text-summarization as well as general question-answering—while being robust to both clear as well as non-deterministic preference samples.

Sept '24 to Feb '25 This phase pertains to **RQ 3** and **RQ 4**. Unlike the broader preference alignment methods discussed earlier, here I explore a more targeted problem with applications in collaborative learning environments: how to design a preference-aligned friction agent that fosters accountability in collaborative goal-oriented dialogues. Here, "friction" refers to reflective interventions—textual generations from an LLM—that act as indirect persuasion, prompting participants to reassess their beliefs ("frictive states") and reflect during collaborative tasks, without the intervention directly offering hints that could bias task outcomes. The core challenge here is that LLMs are typically not trained to generate friction in this sense and collaborative dialogue annotations are typically sparse due to multimodal communication [6]. Standard approaches like DPO, though computationally efficient and scalable, assume a Bradley-Terry model of preferences and thereby suffer from a sampling or data-bias. When using generative AI to create denser training data, even high-capacity LLMs like GPT-4 are prone to various forms of biases such as toward length [7], sycophancy as well as conceptual bias [28]—that are not causally related to the preference label. Therefore, the specific question is as follows: **how do we train *and* evaluate a high-quality friction agent that can leverage the inherent scalability of offline alignment methods and reconstruct the true underlying preference distribution while still being robust to the data skew that may arise when sampling a preference dataset, whether using generative AI or from real-life collaborative dialogues?**

To address this, I propose the Frictional Agent Alignment Framework (FAAF) [19], to generate precise, context-aware "friction" that prompts for deliberation and re-examination of existing evidence. As shown in Fig. 1, FAAF's two-player objective decouples from data skew[2, 3]: a frictive-state policy (π_ϕ) identifies belief misalignments from dialogue history, while an intervention policy (π_f) crafts collaborator-preferred responses. The core insight here is that optimal friction interventions should *not* be arbitrary interventions in the dialogue, but should surface the presuppositions that gave rise to the most logically necessary frictive state, making interventions precise and interpretable. My research derives an analytical solution to this objective, enabling training a single policy via a simple supervised loss function. Our empirical results suggest that FAAF's interventions are, on average, more aligned with human preferences compared to current approaches when measured by a high-capacity LLM-judge on task-specific preference desiderata like actionability, relevance, alignment with golden samples, etc. Notably, this work is currently under review for ACL 2025 and was recently presented at the DARPA's **Friction for Accountability in Conversational Transactions (FACT)** Artificial Intelligence Exploration (AIE) program meeting in Stanford University.

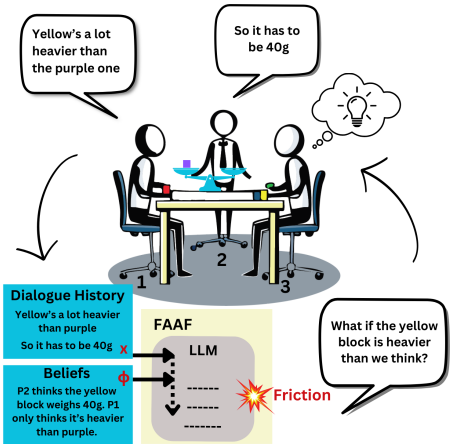

Figure 1: FAAF conditions responses on both the dialogue context x and representation of the "frictive" (belief) state ϕ, generating outputs that prompt for reflection, deliberation, and verification of evidence.

Feb '25 to May '25 This phase pertains to **RQ 4**. As for a more robust evaluation method, my proposed plan is to compare `FAAF` with state-of-the-art approaches like Group Relative Policy Optimization [25] (algorithm that powers Deepseek R1's success) in more dynamic role-play settings [9] over multiple turns, where we can robustly and scalably test these approaches through API-based dialogue simulations. Specifically, LLM agents aligned with these approaches will be evaluated in alternating turn-based dialogue simulations between agents and high-capacity AI collaborators in Weights Task [6] and Delidata environments [5] and evaluated on metrics like long-term effectiveness of friction interventions, quality over multiple turns, as well as proxy measures of persuasiveness such as dialogue length and successful task completion rates.

May '25 to Dec '25 Additionally, I plan to explore inference-time alignment algorithms that approximate policy distributions like Best-of-N [12] or Markov Chain Monte Carlo (MCMC) [4] and develop novel strategies to optimally train friction agents for Distributed Partial Information (DIP) Tasks in collaborative settings. These tasks are currently being conducted and recorded in the Signal Lab, Colorado State University for the lego-block building domain. This brings an additional challenge in LLM alignment since state information (or lego-block structure) is only partially observed by collaborators. As such, I intend to model the optimal agent behavior as a solution to a Partially Observable Markov Decision Process (POMDP), which could better account for uncertainty in participant belief states and the latent task state. Furthermore, DIP tasks would likely require incorporating visual information alongside text, enabling more effective interventions in tasks with physical components.

Conclusion:

Having successfully passed my preliminary examination last year, I am now focused on addressing fundamental challenges in AI alignment—particularly in shaping AI systems as "thought partners" in human-AI interactions rather than mere "instruction followers." My research contributes to advancing preference alignment and responsible AI development, ensuring models better reflect diverse human values. With a strong track record of publications in top AI conferences, extensive collaboration with interdisciplinary teams, and experience mentoring junior researchers, I look forward to collaborations! Hit me up if you have anything interesting you'd want to talk about!

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